



4-H NEWS

SACRAMENTO - SAN JOAQUIN - SOLANO - YOLO

October 2009

FEATURED NEWS

- **Solano County 4-H Survey.** We need your ideas to help us develop program planning for the 2009-2010 4-H year. Please take a few minutes to complete the online survey at <http://cesolano.ucdavis.edu/> Click on 4-H and then click on HOT NEWS. The survey will be posted until November 1st.
- **4-H Newsletter** Please refer 4-H families to the Solano County website for the most current 4-H Newsletters at: <http://cesolano.ucdavis.edu/newsletterfiles/newsletter40.htm> Articles for the newsletter are due to Valerie Williams, vawilliams@ucdavis.edu by the 1st Friday of each month.
- **United Way Donations.** If you would like to make a donation to Solano County 4-H through United Way please designate your donation by writing our name and address in the space provided for “designated gift” on the contribution form. We are a 501 (C) (3) organization.

Solano County 4-H
501 Texas Street
Fairfield, CA 94533

- **4-H Memorial Scholarship Fund.** Did you know that each year the Solano County 4-H Leaders Council awards several scholarships to graduating seniors? This is done in part by donations that the Council receives from individuals, organizations, and memorial contributions in the memory of a lost loved one. If you would like more information about the scholarship fund, please contact Valerie Williams at 707-784-1319.
- **Equipment Reservations.** Please remember that if you need to use any 4-H equipment (flags, igloo, coffee pots, etc.), you **MUST** make a reservation with the 4-H office, 707-784-1319, which will facilitate the use of equipment.

COUNTY-WIDE PROJECTS

In an effort to offer members a greater variety of projects, some 4-H clubs are opening their projects on a county-wide basis. Many projects are limited in size.

- **Robotics Project, Sherwood Forest**

Mission: To inspire young people to be science and technology leaders, by engaging them in exciting mentor-based programs that build science, engineering and technology skills, that inspire innovation, and that foster well-rounded life capabilities including self-confidence, communication, and leadership.

Robotics training:

- Features review of past projects and large robot in progress of construction.
- Learn basic electrical and mechanical devices used in Robotics and Electronics.

- Learn to use basic test equipment, and soldering, along with safety instruction.
- Work on expanding large robot for operation wirelessly.
- Learn basics of microprocessors (self contained computers) used to control the motion of the robots, and how radios are used to wirelessly send command to the robots.

Project is open to members in grades 4+. Schedules adjusted to needs of students. Lessons weekly except for conflicts of other meetings such as every third Tuesday club meeting for Sherwood Forest 4-H Club.

Contact: "Kenneth Zadwick" kenzad01@sbcglobal.net or kenzad01@yahoo.com

Phone number: (707) 557-0662

Location: Mare Island Museum in Vallejo

- **Draft Horse Project, Rush Ranch**

I am excited to announce the Start of the 3rd year of the 4-H Draft Horse Project for the Solano and Yolo Counties. The project is offered through Access Adventure (www.access-adventure.org), a non-profit organization "Challenging the Limits of Disabilities" and educating people including youth. This project is open to any 4-H member (grades 4+) interested in learning about Draft Horses, horsemanship, grooming, care, harnessing and driving a team of horses. It is not necessary to own a horse to participate in this project. The project meetings are held September through June on the 3rd Saturday of every month at Rush Ranch located in Suisun City, California in Solano County. In addition to the regular project meetings, Access Adventure has many activities involving community service.

For more information, visit the web site www.access-adventure.org or contact Robert Boardman at optionrob@sbcglobal.net

- **Sheep, Dixon Ridge**

County-wide sheep project for members who wish to raise a market lamb or breeding sheep. Meetings will be held in Dixon. For more information contact Jill Simmons at 707-548-5234 or email sj8simmons@earthlink.net.

- **Poultry, Roving Clovers**

Roving Clovers 4H will be offering a "county-wide" Poultry project for members 9 years and above. The group will focus mostly on the State wide poultry competitions such as: Avian Bowl, Poultry Judging and the State Fair market meat pen classes (turkeys and chickens). Meetings will be held monthly through April and if members are interested in competing in the State qualifier Avian Bowl in Feb in Fresno, we will have more frequent practice sessions prior to the event. This project will not spend much time on showmanship and husbandry. Call or email Linda Talken-Burke at 707 592 5379 or lindatalken@wildblue.net for more information.

- **Swine, Roving Clovers**

Roving Clovers 4H will be offering a "county-wide" Swine project for members 9 years and above. For information call Craig Black at 707-310-4701.

EVENTS & ACTIVITIES

- **The next Leaders Council meeting** is Wednesday, October 14, 2009, at 7:00 PM, in the UCCE Meeting Room, 501 Texas St., Fairfield.
- **Harvest Fair, Friday, October 23, 2009, Orchard Avenue Baptist Church, 301 N. Orchard , 5:30 to 8:30 PM**

Please join us for the HARVEST FAIR on Friday October 23rd. There will be carnival type booths for members to play. There will be lots of games and fun! This event kicks off a year of fun for 4-H members and their families. Everyone is encouraged to wear Halloween costumes. The Vacaville 4-H clubs will be hosting the event this year. Each of the 12 clubs in the county will have a carnival type booth for members to play, all costing 10¢. A food booth will be available to purchase dinner and snacks.

In addition to the carnival, a peanut butter drive will be held with donations being distributed to food closets in each community of the county. Admission to the Harvest Fair is ½ dozen cookies to share and 1 jar of peanut butter per family.

Time: 4:30-5:30 General site set-up
5:00-5:30 Club Booth set-up
5:30-8:30 Fun & Games
8:30-9:30 Clean-up

Harvest Fair Food Booth Menu & Prices

\$2.00 Items
Nachos and Cheese
Pizza

\$2.50 Items
Hot Dogs
Chili
Nachos with Chili & Cheese

Sides
Chips .50
Soda 1.00
Candy .75

\$3.00 Items
Chili Dogs

\$3.50 Meal Deals
Hot Dogs, Chips, & Drink
Chili, Chips, & Drink

\$4.00 Meal Deals
Chili Dog, Chips & Drink

Driving Directions to Orchard Avenue Baptist Church

From Fairfield/Vallejo take I-80 East to Vacaville. Take the Alamo Drive North exit toward Merchant Street. Merge onto Alamo Drive. Turn right onto W Monte Vista Avenue. Turn left onto N. Orchard Ave. Orchard Avenue Baptist Church is 4/10 of a mile. If the parking lot is full, park on the streets surrounding the church.

From Dixon take I-80 West to Vacaville. Take the Mason Street exit. Merge onto Depot Street. Turn left onto E. Monte Vista Avenue. Turn right onto N. Orchard Avenue. Orchard Avenue Baptist Church is 4/10 of a mile. If the parking lot is full, park on the streets surrounding the church.

From Rio Vista take Hwy 12 west to I-80 east. Take the Alamo Dr. North exit toward Merchant St. Merge onto Alamo Dr. Turn right onto W Monte Vista Ave. Turn L onto N Orchard Ave. The church is 4/10 of a mile. If the parking lot is full, park on the streets surrounding the church.

Harvest Fair - Build a Better Booth Contest

In order to encourage a variety of booths at the Harvest Fair this year we are offering a \$25 prize to the club that has the booth with the highest attendance. We are looking for booths that can be enjoyed by younger kids as well as ones that the older kids like and want to attend. We want to see some good competition between the clubs. So put on your thinking caps and start designing those booths! Hope to see you there.

Harvest Fair Club Booths

Each club is responsible for setting up and manning one carnival-type booth in addition to helping set-up, sell tickets, man the refreshment booth or clean-up. Each club will bring its own booth supplies, tape, scissors, extension cords, decorations, coffee can for collecting tickets, etc.

Booths:

Dixon Ridge – Fishing Game

Elmira – Rice Bowl

Golden Hills – ?

Maine Prairie – ?

Rio Vista – ?

Roving Clovers – ?

Rush Ranch - ?

Sherwood Forest – Cake Walk

Suisun Valley - Foosball

Tremont – Bean Bag Toss

Vaca Valley - ?

Westwind – Cream Pop Game

Harvest Fair Club Task Schedules

Set-up 4:30-5:30 pm

Vaca Valley

Golden Hills

Elmira

Clean-up 8:30-9:30 pm

Vaca Valley

Golden Hills

Elmira

Refreshments

5:30-6:00 Suisun Valley

6:00-6:30 Dixon Ridge

6:30-7:00 Westwind

7:00-7:30 Rio Vista

7:30-8:00 Tremont

8:00-8:30 Maine Prairie

Ticket Sales

5:30-6:00 Sherwood Forest

6:00-6:30 Suisun Valley

6:30-7:00 Dixon Ridge

7:00-7:30 Westwind

7:30-8:00 Roving Clovers

8:00-8:30 Tremont

- **Family & Consumer Sciences Field Day Saturday, October 24, 2009 at UC Davis**

This day-long event features educational workshops for 4-H members 9 and older with sessions running concurrently all day. Members can participate in up to six fun sessions including:

1. Food/Nutrition: What's for Dinner; Martha Meets Miss Manners; Play With Your Food; Smoothie "Throwdown"; Got Jerky?
Clothing: Strut Like Tyra; Creative Costuming; Beadazzeling; Project Runway; Fashion Frosting; Sewing 101; Upcycling
Personal Consumerism: What Not to Wear; BOGO; Fashion Cat; Chairman of the Board

Look for more details in upcoming issues. Pre-registration is required and will be online in the Fall. Cost is \$10 for the first member from your family and \$5 for each additional member. Members don't have to be enrolled in any particular project to participate! Be part of something new and exciting ... you may find your next 4-H calling! October 16th registration deadline link to registration form at: http://cesolano.ucdavis.edu/4-H_Program/Conferences_-_Events.htm

- **State 4-H Equine Field Day** will be held on Saturday, October 24th at UC Davis. Go to <http://ca4h.org/projresource/horse/> for the event details and registration form. Pre-registration is due Friday, October 16th; no postmarks. This event is in partnership with the UCD Department of Animal Science. 4-H Horse members, leaders and parents are invited to attend.

CONFERENCES

- **CAL Conference, January 22-24, 2010 at Walker Creek Ranch.** Applications will be posted to the website when we receive them.
http://cesolano.ucdavis.edu/4-H_Program/Conferences_-_Events.htm
- **California International Exchange Program** will offer outbound programs to Australia, Costa Rica, and Japan during the summer of 2009. Applications will be accepted until January 15, 2010. An interview with the California 4-H International Exchange Coordinator, Pat English, is required. For more information contact Pat English at: pnenglish@ucdavis.edu or 530-754-8520.
- **2010 Western Regional Leaders' Forum** is scheduled for March 11-14, 2010 in Albuquerque, N.M. Registration deadline, December 15, 2009 <http://aces.nmsu.edu/4h/wrlf2010/>
- **2010 Citizenship Focus Program.** Come participate in hands-on programs that bring government and policy issues to life and help you get involved in your own community.
California Focus June 25-29, 2010<http://www.ca4h.org/citizenship/focus/>
Washington Focus I
Road to Democracy, June 27-July 5, 2010
Heritage Trail, I June 27-July 3, 2009
Washington Focus II
Global Journey, July 11-21, 2010
Heritage Trail II, July 11-17, 2010
<http://www.ca4h.org/citizenship/dcfocus/>
For more information, contact Pat English at pnenglish@ucdavis.edu or 530-754-8520.

UPCOMING TRAININGS

- **New Leader Orientation at Solano County UCCE**, 6:30 – 9:00 PM, UCCE Meeting Room, 501 Texas St., Fairfield
 - Wednesday, October 28

All new leaders and returning leaders who have had a break in service of a year or more must have orientation training, livescan fingerprinting; and be covered by the University Liability Insurance Program before they are permitted to function as a volunteer leader in 4-H. We will cover youth protection safety guidelines, leader responsibility, safety, publications, utilizing Jr. & teen leaders and answer any questions you may have.

We will have a Livescan technician present to take fingerprints. *Call or email Valerie Williams to register at vawilliams@ucdavis.edu or (707) 784-1319. You must bring a photo ID and payment (\$15.00) in the form of cash, check, VISA or MasterCard in order to complete fingerprinting.* Complete the Request for Livescan Service form (link below) with your personal information (in the 3rd block of the form, beginning with "Name of Applicant" ending with your "Social Security Number"). The form is in triplicate, you will only need to type your information on page one, pages 3 & 4 will self-populate with your information. Print out all **three** pages of the completed forms and bring with you to the Solano County 4-H Leaders Orientation on Wednesday, October 28th.

*Until leaders have attended orientation **and** their fingerprints have cleared, they **may not** hold project meetings or work with 4-H members.*
http://cesolano.ucdavis.edu/4-H_Program/Volunteer_Education.htm

Until leaders have attended orientation **and** their fingerprints have cleared, they **may not** hold project meetings or work with 4-H members.

If you are not able to attend the Solano County orientation you may attend orientation in Yolo, San Joaquin or Sacramento County. Please contact Valerie Williams at vawilliams@ucdavis.edu or (707) 784-1319 and let her know if you are attending training outside of Solano County.

- **New Leader Orientation at Yolo County UCCE office**, 6:30-9:03 pm, 70 Cottonwood Street, Woodland. Contact Delynda Eldridge at (503) 666-8735.
 - Thursday, October 15
 - Thursday, November 19

- **New Leader Orientations at Sacramento County UCCE office**, 7:00-9:15 pm, 4145 Branch Center Road, Sacramento. Contact Joan Ryan (916) 875-6811 or (916) 875-6913.
 - Thursday, October 22
 - Thursday, December 3

- **New Leader Orientation at San Joaquin County UCCE office**, 6:00-8:30 pm, Robert J. Cabral Ag Center, 2102 E. Earhart Ave, Stockton. Contact Michelle Drummond at (209) 953-6106.
 - Tuesday, November 3

- **4-H Shooting Sports Course Shotgun Discipline, Ukiah, CA, October 24-25 2009, Cost \$30**

A shotgun trainer course will be held 9:00am-5:00pm, Saturday and Sunday, October 24-25, 2009 at the Ukiah Gun Club, in Mendocino County. Upon successful completion of this two-day course, participants will be certified as 4-H leader trainers, and will be eligible to serve as shooting sports project leaders, as well as instruct and certify other volunteers in the discipline of shotgun. Cost for the course is \$30, which includes shotgun shells, clay targets, continental breakfast and lunch both days, and class materials. Teen Leaders may attend, with a participating adult volunteer. Limited camping space is available, contact John Holder for arrangements. The course will be limited to twenty (20) participants. You must be an appointed 4-H volunteer or member to attend this training. Send Training Request Form (found at <http://ca4h.org/projresource/shootingsports/index.asp>) with fees payable to "Mendocino County 4-H Council" to UCCE 4-H Shotgun, 890 North Bush Street, Ukiah CA 95482.

For more registration information, contact Linda Edgington (707) 463-4495 or lgedgington@ucdavis.edu. If you have questions regarding the course or facility, contact the instructor, John Holder at (707) 485-8445 or bearhunt56@hotmail.com.

- **4-H Shooting Sports Leader Certification for Archery.** A shooting sports training workshop for the archery discipline will be held in Modesto, CA on Saturday, November 7, 8 AM - 4 PM and Sunday, November 8, 8 AM - 2 PM. Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required. The course will be held at the Stanislaus County Ag Center, Harvest Hall Room E, 3800 Cornucopia Way, Modesto. The cost will be \$25 and includes lunch, snacks, and class materials. For more information, contact Dan Burner 209-874-2732 (evenings) or dan_burner@yahoo.com. Fees are due by October 23, 2009 and can be submitted to Dan Burner, P.O. Box 829, Waterford, CA 95386.

- **4-H Shooting Sports Leader Certification for Rifle, Tulare, CA**

Saturday, January 9, 2010 – 8:00 a.m. – 6:00 p.m.

Sunday, January 10, 2010 – 8:00 a.m. – 4:00 p.m.

A 4-H shooting sports workshop for the rifle discipline will be held at Rankin Field Range, 20000 Road 140 in Tulare. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: jaborba@ucdavis.edu

For information about the facility and a map, please visit the range website at:

http://www.tcdsa.org/documents/rankin_field.htm

VOLUNTEER OPPORTUNITIES

- **4-H Leaders Council Committee Volunteers Needed.** Leaders Council needs parents, leaders and youth (ages 14+), to volunteer to serve on the committees that help council to run effectively. Contact a council officer, area representative or Valerie in the UCCE office if you would like to participate or want more information. You can learn much about the 4-H program by serving on these committees. Committees needing members are: Incentives & Recognition, Audit, Public Relations, Leader Development and Training, Project Advisory & New Club Development.

INCENTIVES & RECOGNITION

- Emerald Star Projects, Deadline to turn in 2009-2010 Emerald Star applications is Nov. 16th. 4-H members who are at least 12 years old by December 31st, hold a silver or gold star rank, and would like an opportunity to do a special leadership project should consider applying.

Candidates must submit an original plan, to be carried out during the project year. The project should be designed to help teach leadership skills, extend knowledge of 4-H, or introduce new or expanded programs or projects into Solano County 4-H. Applications are available in the UCCE office and on the web site at: http://cesolano.ucdavis.edu/4-H_Program/Scholarships_&_Awards.htm

- **Prudential Spirit of Community Awards Program** is currently seeking applications to nominate and recognize 4-H members in grades 5-12 for their volunteer activities in the last year. 4-H participants may apply online at <http://spirit.prudential.com>. The access key for applications is: spirit. Top high school and middle level volunteers will receive silver medallions, \$1,000 awards and a trip to Washington, D.C. All applications must be completed, printed out, signed and submitted to the Solano County 4-H Youth Development staff by November 2, 2009.
- **State Record Book Judging** Books Due: October 23, 2009 to County 4-H Office, Judging December 4-6, 2009, State 4-H Office, UC Davis.
<http://www.ca4h.org/4hresource/ir/recordbook/competition.asp>
Senior 4-H members (14 and older by December 31) are eligible to enter State Competition. A cover page and other materials to be included before the book is submitted for state judging. All 4-H work up to June 30 should be included. State competition is focused on recognizing 4-H members who have outstanding 4-H Record Books and who have made a contribution to the 4-H Youth Development Program.

CLOVER SAFE NOTE

Holding and Attending Meetings in Private Residences

- When a 4-H meeting is held in a private residence, the host and guests each assume roles with attendant responsibilities that contribute to productive, safe and successful meeting outcomes.
- **When using a home for 4-H functions:**
 - Prior to a meeting, assure all 4-H members have completed and turned in required medial and permission forms.
 - Assure two adults will be present in accordance with 4-H Policy 815.2 A. The adult in charge must be 4-H staff or an appointed volunteer.
 - Develop a meeting agenda and schedule, including pre-arranged 4-H member drop-off and pick-up times and modes of transportation.
 - Inform guests of residence areas and items that are off limits, such as swimming pools and refrigerators.
 - At the beginning of the meeting, inform guests about how to exit the meeting area and residence and where restrooms are located.
 - When leaving meetings, members walking, riding a bike, or using public transportation should call their parents/guardians to let them know they are on their way home.

For additional information about holding and attending 4-H meetings in private residences, go to Clover Safe Notes at, <http://www.ca4h.org/projresource/curriculum/safety/>.

CLUB NEWS

- **Swine Project, Lyle Glass, Vaca Valley 4-H Club**

Our first swine meeting was on October 3, 2009. We went over what we are going to learn this year and what we would like to learn this year. We also passed out a word find and whenever someone found a word they had to tell everyone the meaning of the word. We reviewed housing the pig, when the fairs are, and attendance. At the end of the meeting we were assigned a homework project to do and we learned that there are a ton of weird pig breeds that look really, really weird.
- **Theater/ Drama Project, Tiffany Lum, Suisun Valley Club**

In our Theater/Drama Project on Sept. 18, we talked about the different theater genres, and we decided that we are going to perform a skit for presentation day. We played an ice breaker game to get to know each other. The type of ice breaker game we played was called "10 second objects". Mrs. Lum would call out an object and we would try to make the object by using our bodies in 10 seconds. I learned that you have to agree and communicate with each other to play this game well. I also learned that each person wanted to do things different and listen to their own ideas. It was pretty hard. We also played an ABC story game where you would go around the table and someone would have to say a sentence starting with each letter of the alphabet. We also practiced a skit that was really fun.
- **Beef Project, Lyle Glass, Vaca Valley 4-H Club**

At our first beef meeting we discussed what we are going to be doing this year and what supplies we are going to need. We also went over the McDougal Loan process and filled out our paperwork. We talked about what kind of shelter we are going to need and the amount of time involved in training and grooming our steer. We played a beef trivia game and had a lot of fun.

- **Woodworking Project, Tiffany Lum, Suisun Valley 4-H Club**

Hi. I'm Tiffany, and I'm in the Woodworking Project. At our September 23, meeting we learned how to work on a lathe. A lathe is a big machine used to make curves in wood. For example, you can make a bowl. Kim Adams got the bowl started and we saw how the machine and chisel tool took off the corners of a block of wood and shaped it into a rounder shape. He let each one of us try it. When I took my turn, I was amazed on how easy it was, although it looked hard. A bunch of shavings flew all over the place. He said that when there is longer shaving, it means you're using the tool effectively. After watching this demonstration, I might want to do a bowl after I get my current project done. We all want to thank Mr. Kim Adams for teaching us about this amazing machine.

- **Sweet Dreams Project, Carson Wignall, Suisun Valley 4-H Club**

Last year, with the help of the Sacramento and Solano 4-H clubs, the Sweet Dreams project was able to donate hundreds of pajamas to homeless children throughout the two counties. After such success, we would like to continue this project this year. The Sweet Dreams Project is a service project that collects new and slightly used pajamas and stuffed animals that are given to homeless children. Most homeless children do not own a pair of pajamas and must sleep in their clothes. Please help keep the Sweet Dreams Project alive by sponsoring pajama drives as your club's community service activity during this fall and winter. Contact Carson Wignall if your club is interested in hosting a pajama drive at 707.718.8440 or carson_wignall@yahoo.com.

- **Sewing Project, Tiffany Lum, Suisun Valley 4-H Club**

At our 1st sewing meeting, we made pillow cases. We made our pillow cases out of 3 different type of material. The material that I chose was flannel. We learned how to use sewing equipment like the rotary cutter on a self healing mat and a tool to make the corners pointy. On the sewing machine, we used different types of stitches like the straight stitch, the zigzag stitch, the back stitch, and the corner turn. I was extremely happy with my cute pillow case.

RESOURCES

Curriculum Resources

4-H Supply Service

<http://4-hmall.org/california/>

UC ANR Catalog

<http://anrcatalog.ucdavis.edu/InOrder/Shop/Shop.asp>

National 4-H Cooperative Curriculum System, Inc.

<http://www.n4hccs.org/>

If you would like to preview any of the catalog materials before ordering you may do so by making an appointment to look through the reference library. Call Valerie Williams at 707- 784-1319 or email vawilliams@ucdavis.edu

- To view the **4-H State news**, go to <http://www.ca4h.org/4hresource/updates/>
- To view the **4-H Science, Engineering, and Technology news**, go to <http://www.ca4h.org/SET/updates/index.asp>
- To view the **National 4-H news**, go to <http://4-h.org/news/4hnews.php>

Solano County 4-H, 501 Texas Street, 1st Floor

Fairfield, CA 94533

(707) 784-1319 Fax:(707) 429-5532 vawilliams@ucdavis.edu

OFFICE HOURS:

Monday – Friday, 8:00-5:00 (Closed 12:00-1:00)